

# Unilever Food Solutions United States Recipe fact sheet

### **Empanadas Con Salsa Verde**



### Ingredients (15 servings)

igredients (13 servings)		
Amount	Measure	Name
		FRYING EMPANADA DOUGH:
3.00	cup	All-purpose flour
1.00	cup	Lard or shortening, minus 2 T.
1.00	рс	Eggs , slightly beaten
0.25	cup	Water , lightly salted
		Or Pre-Made 7" Pre-Made Empanada Disc
		FILLING:
1.00	х	Onions , minced
3.00	cl	Garlic , minced
2.00	lb	Ground Beef , extra lean
0.50	tsp	Cumin, ground
0.50	tsp	Chili peppers, red , dried, crushed flakes
0.50	cup	Raisins , poached in water, drained
0.50	cup	Green olives , pitted, chopped
		GARNISH:
0.25	cup	Knorr Ready-To-Use Salsa Verde Sauce 4 x 0.5 GA



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### **Preparation**

### Dough:

- 1. Work together shortening and flour until it is like oatmeal oats.
- 2. Add egg and water by tablespoons to make a soft dough. Knead until smooth. Let dough rest for 30 minutes before using.

#### Fillina

- 1. Using a little oil, saute onions and garlic until transparent. Add ground beef and stir until it changes color.
- 2. To the browned meat, add cumin, red crushed pepper flakes, raisins and olives. Stir to mix.
- 3. Roll out dough and cut into 15 rounds of 7 inches in diameter.
- 4. On each round of dough, place about 1/2 cup of filling, wet edges with water, fold over, and press with fingers to seal. Using fork, finish sealing.
- 5. Fry in oil until golden brown, remove from oil and place in paper towels to drain.

To Serve: Place empanada in serving plate and garnish with Salsa Verde.